

The stability of a disc refers to a left or right track during its flight. A disc that flies straight when thrown flat and with enough spin has a 0 stability rating. The numbers 1 to 3 indicate an "overstable" disc that will pull or turn to the left (RHBH*), with 1

being less turn and 3 being a hard turn.

*All stability ratings are for Right Handed, Back Hand throws at moderate to high speed. The chart is reversed for left handed, back hand throws.



POTENTIAL

DISTANCE



